



## HELP Locations - Lower Mainland

These volunteer-operated sites are normally open at the posted hours except on statutory holidays and long weekends.

Location	Contact	Hours of Operation
<p><b>Abbotsford</b>            #1 – 34220 South Fraser Way,            Abbotsford, BC V2S 2C6  <a href="#">Map &amp; driving directions»</a></p>	<p><b>T 604-556-3526</b>            F 604-556-3546</p>	<p>Mon, Wed – Sat            11:00 am – 1:00 pm</p> <p>Temporarily Closed:            Tuesdays</p>
<p><b>Burnaby</b>            Edmonds Comm. Resource Centre            #105 - 7355 Canada Way            Burnaby, BC V3N 4Z6  <a href="#">Map &amp; driving directions»</a></p>	<p><b>T 604-522-7092</b>            F 604-522-1853</p>	<p>Mon – Sat            9:30 am – 12:30 pm</p>
<p><b>Chilliwack</b>            9290 Mary Street            Chilliwack, BC V2P 4H4  <a href="#">Map &amp; driving directions»</a></p>	<p><b>T 604-792-2343</b>            F 604-792-2783</p>	<p>Mon, Wed – Fri            9:00 am – 12:00 pm</p> <p>Open 1 Saturday a            month: Call for hours</p> <p>Temporarily Closed:            Tuesdays</p>
<p><b>Langley</b>            #106 - 20530 Langley Bypass            Langley, BC V3A 6K8  <a href="#">Map &amp; driving directions»</a></p>	<p><b>T 604-532-2282</b>            F 604-532-5663</p>	<p>Mon – Fri            9:00 am – 12:00 pm</p>

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<p><b>Maple Ridge</b>  #5 – 11435 201A Street  Maple Ridge, BC V2X 0Y3  <a href="#">Map &amp; driving directions»</a></p>	<p><b>T 604-465-5050</b>  F 604-465-5054</p>	<p>Mon, Wed, Fri  12:30 pm – 4:00 pm</p>
<p><b>North Vancouver</b>  Lions Gate Community Recreation Centre  Parkade (Underground) Level  1733 Lions Gate Lane  North Vancouver BC V7P 0C7  <a href="#">Map &amp; driving directions»</a></p>	<p><b>T 604-988-7115</b>  F 604-988-7105</p>	<p>Mon, Fri  9:00 am – 1:00 pm  Tues, Wed, Thurs  9:00 am – 4:00 pm</p>
<p><b>Port Coquitlam</b>  #104 - 1776 Broadway Street  Port Coquitlam, BC V3C 2M8  <a href="#">Map &amp; driving directions»</a></p>	<p><b>T 604-944-9042</b>  F 604-944-9073</p>	<p>Mon – Fri  10:00 am – 1:00 pm  Sat  10:00 am – 4:00 pm</p>
<p><b>Powell River</b>  Powell River Hospital  5000 Joyce Avenue  Powell River, BC V8A 5R3  <a href="#">Map &amp; driving directions»</a></p>	<p><b>T 604-485-3211</b>  <b>Ext. 4361</b>  F 604-485-3284</p>	<p>Wed/Fri  9:00 am – 12:00 pm  By appointment</p> <p>Returns by shipping  container  Saturday  12:00pm - 2:00pm</p>
<p><b>Richmond</b>  #101 – 3850 Jacombs Road  Richmond, BC V6V 1Y6  <a href="#">Map &amp; driving directions»</a></p>	<p><b>T 604-270-4224</b>  ext 3  F 604-270-6781</p>	<p>Mon – Fri  9:00 am – 12:30 pm  Sat  9:00 am – 2:00 pm</p>
<p><b>Squamish</b>  38150 Behrner Drive  P.O. Box 992  Squamish, BC V8B 0A7</p>	<p><b>T 604-892-5318</b>  F 604-892-5308</p>	<p>Mon, Wed, Fri  9:00 am – 12:00 pm</p>

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<p><a href="#">Map &amp; driving directions»</a></p> <p><b>Surrey</b>            #109 - 14727 108<sup>th</sup> Avenue            Surrey, BC V3R 1V9  <a href="#">Map &amp; driving directions»</a></p> <p><b>Vancouver</b>            209 West 6<sup>th</sup> Avenue            Vancouver, BC V5Y 1K7  <a href="#">Map &amp; driving directions»</a></p> <p><b>White Rock</b>            #16 - 1480 Foster Street            White Rock, BC V4B 3X7  <a href="#">Map &amp; driving directions»</a></p>	<p><b>T 604-930-9049</b>            F 604-930-9036</p> <p><b>T 604-301-2566</b>            F 604-301-1162</p> <p><b>T 604-536-7911</b>            F 604-536-7956</p>	<p>Mon, Tues, Thurs, Fri            9:00 am – 12:00 pm            Wed            6:00 pm – 8:00 pm            Sat            9:00 am – 3:00 pm</p> <p>Mon – Sat            9:30 am – 4:00 pm</p> <p>Wed            1:30 pm – 4:30 pm</p> <p>Mon, Tues, Thurs, Fri, Sat            9:30 am – 12 :30 pm</p>